



MON – FRI  
6:30AM – 2:00PM

SAT – SUN  
6:30AM – 1:00PM

@CADENCECAFE



## ALL DAY BREAKFAST

### ACAI ENERGY BOWL • \$15

ICE COLD ACAI SERVED WITH HOUSE MADE ALMOND AND PEPITA GRANOLA WITH FRESH CUT FRUIT

### BREKKY BURGER • \$14

CRISPY BACON, FREE RANGE FRIED EGG, CHEESE WITH HOUSE MADE TOMATO RELISH & SMOKEY BBQ SAUCE

### EGGS YOUR WAY • \$11

FRIED, POACHED OR SCRAMBLED ON YOUR CHOICE OF TOAST: SOURDOUGH, MULTI-GRAIN, OLIVE & ROSEMARY OR GLUTEN FREE BREAD \$0.5

### CLASSIC BACON & EGGS • \$15

FREE RANGE EGGS, CRISPY BACON ON TOAST:  
SOURDOUGH, MULTI-GRAIN, OLIVE & ROSEMARY OR GLUTEN FREE \$0.5

### TOAST • \$5

YOUR CHOICE OF SOURDOUGH, MULTIGRAIN, OLIVE & ROSEMARY OR GLUTEN FREE \$0.50

### EGGS BENNIE

#### EGGS \$15 • TOMATO \$16 • BACON \$17 • SALMON \$18

HOUSE MADE HOLLANDAISE SAUCE, POACHED EGGS WITH WILTED SPINACH ON TOAST

### BLT • \$10

BACON, LETTUCE, TOMATO, SMOKED BBQ SAUCE & HOUSE MADE AIOLI

ADD: •CHIPS \$3 • SWEET POTATO CHIPS \$4

### SMASHED AVO CADENCE STYLE • \$15.5

SMASHED AVOCADO, SESAME SEEDS, CHERRY TOMATOES, GOATS CHEESE, BALSAMIC GLAZE, TRUFFLE OIL ON SOURDOUGH

### SMOKED SALMON BAGEL • \$16

SMOKED SALMON, SMASHED AVOCADO, DILL, CAPERS, CREAM CHEESE & SPINACH

### RUSTIC AVOCADO & TRUFFLE BEETROOT • \$16.5

TOASTED SOURDOUGH, TRUFFLE BEETROOT, SMASHED AVOCADO, GOAT CHEESE, WALNUTS, POACHED EGG, WILTED SPINACH & BALSAMIC GLAZE

ADD: BACON \$5 | HASH BROWN \$3

## SANDWICH

### BEEF BURGER • \$16

GRAIN FED BEEF PATTY, BACON, CHEESE, BEETROOT, CARAMELISED ONION, TOMATO, ICEBERG LETTUCE & SMOKED BBQ SAUCE

ADD: •CHIPS \$3 • SWEET POTATO CHIPS \$4

### CHICKEN SANDWICH • \$15.5

GRILLED CHICKEN BREAST, BASIL PESTO, BRIE CHEESE, CARAMELISED ONION, TOMATO, SPINACH, SMASHED AVOCADO & HOUSE MADE AIOLI

ADD: •CHIPS \$3 • SWEET POTATO CHIPS \$4

### STEAK SANDWICH • \$15.5

RIB FILLET, CARAMELISED ONION, GRILLED CHEESE, TOMATO, SPINACH & HOUSE MADE AIOLI

ADD: •CHIPS \$3 • SWEET POTATO CHIPS \$4

### VEGGIE SANDWICH • \$15

ROASTED MEDITERRANEAN VEGGIES, SPINACH, SMASHED AVOCADO, TOMATO, CARAMELISED ONION & HOUSE MADE AIOLI

ADD: •CHIPS \$3 • SWEET POTATO CHIPS \$4

## SALADS

### SALT N' PEPPER CALAMARI • \$15.5

FRIED CALAMARI, WASABI MAYO, NIGHTSHADE SALAD & LEMON WEDGE

### GRILLED PUMPKIN & HALLOUMI SALAD • \$18

FIRE ROASTED CAPSICUM, KALAMATA OLIVES, BABY SPINACH, SEMI-DRIED TOMATOES, TOPPED WITH PINE NUTS AND BALSAMIC GLAZE

ADD: CHICKEN \$5

### SUPER FOOD SALAD • \$18

ROASTED SEASONAL VEGGIES, CRISPY BACON, RED QUINOA, MIXED LEAVES, TOPPED WITH A FREE RANGE POACHED EGG, GOATS FETTA AND SMASHED AVOCADO

ADD: HALLOUMI \$5 | EGG \$3

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ADD: BACON \$5 • EGG \$3 • SCRAMBLED EGGS \$6 • CHORIZO \$5 • HAM \$4 • SMOKED SALMON \$7 • CHEESE \$1 • HALLOUMI \$5 • GOATS CHEESE \$3 • HASH BROWN (2) \$3 • SMASHED AVOCADO \$5 • CHERRY TOMATOES \$3 • TOMATO RELISH \$1

THICK CUT CHIPS • SMALL \$4 • LARGE \$7

SWEET POTATO CHIPS • SMALL \$5 • LARGE \$8



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## KIDS MENU (UNDER 12 YEARS)

### BREAKFAST

#### KIDS BREKKY • \$7.5

KRANSKY SAUSAGE, BACON, HASH BROWN & YOUR CHOICE OF EGG ON TOAST

#### KIDS MILKSHAKE • \$3.5

STRAWBERRY • CHOCOLATE • VANILLA • CARAMEL

#### KIDS WAFFLES • \$7.5

TOASTED WAFFLE ON HOUSE MADE GRANOLA, WITH FRESH STRAWBERRIES, WHIPPED CREAM AND MAPLE SYRUP

### LUNCH

#### CALAMARI & CHIPS • \$9

DEEP FRIED CALAMARI, CHIPS & SALAD

#### CHICKEN & CHIPS • \$9

TEMPURA NUGGETS, CHIPS, TOMATO SAUCE & SALAD

### COFFEE & TEA

	SMALL	LARGE
LATTE	• \$4.30	• \$4.80
FLAT WHITE	• \$4.30	• \$4.80
CAPPUCCINO	• \$4.30	• \$4.80
MOCHA	• \$4.50	• \$5.00
HOT CHOCOLATE	• \$4.50	• \$5.00
CHAI LATTE	• \$4.30	• \$4.80
TUMERIC LATTE	• \$4.70	• \$5.50
ESPRESSO	• \$3.90	
PICCOLO	• \$3.90	
LONG BLACK	• \$3.90	
BABYCCINO	• \$1.00	

### COLD DRINKS

#### MANGO SMOOTHIE • \$7.9

MANGO, MANGO NECTAR, MILK, YOGHURT & HONEY  
ADD: PROTEIN CHOCOLATE or VANILLA \$2

#### BERRY SMOOTHIE • \$7.9

BERRIES, MILK, YOGHURT & HONEY  
ADD: PROTEIN CHOCOLATE or VANILLA \$2

#### BANANA SMOOTHIE • \$7.9

BANANA, MILK, YOGHURT & HONEY  
ADD: PROTEIN CHOCOLATE or VANILLA \$2

#### ACAI SMOOTHIE • \$9

ACAI & COCONUT WATER  
ADD: PROTEIN CHOCOLATE or PEANUT BUTTER \$2

#### MILKSHAKE • \$6 THICKSHAKE • \$7

STRAWBERRY • CHOCOLATE • VANILLA • CARAMEL

#### ICED COFFEE (ICE CREAM) • \$7

#### ICED LATTE (ICE) • \$5.5

#### TEA • \$3.8

ENGLISH BREAKFAST • CHINA GREEN SENCHA • CHAI • EARL  
GREY • PEPPERMINT

#### MILKS + \$0.6

SOY • ALMOND • COCONUT • LACTOSE FREE

#### SYRUPS + \$0.5

VANILLA • CARAMEL • HAZELNUT • CHAI

#### EXTRA SHOT + \$0.5

#### CREAM + \$0.5