



**MON – FRI**  
6:30AM – 2:00PM

**SAT – SUN**  
6:30AM – 1:00PM

## ALL DAY MENU

### AÇAÍ BOWL • \$13

ICE COLD ACAI BOWL – HOUSE MADE GRANOLA WITH FRESH FRUIT

### TOAST • \$5

YOUR CHOICE OF SOURDOUGH, MULTI-GRAIN, OLIVE & ROSEMARY OR GLUTEN FREE

### DATE & APRICOT \$5.5 • BAGEL \$6

WITH: BUTTER, JAM, VEGEMITE OR CREAM CHEESE

### BACON & EGG ROLL • \$12

SMOKED BACON, FREE RANGE EGGS WITH TOMATO RELISH & SMOKED BBQ SAUCE

ADD: CHEESE \$1

### EGGS ON TOAST • \$10.5

FREE RANGE EGGS ON TOAST:  
SOURDOUGH, MULTI-GRAIN, OLIVE & ROSEMARY OR GLUTEN FREE BREAD

### BACON & EGGS TOAST • \$13.5

FREE RANGE EGGS, SMOKED BACON & TOAST:  
SOURDOUGH, MULTI-GRAIN, OLIVE & ROSEMARY OR GLUTEN FREE BREAD

### CADENCE BREKKY • \$14.5

AVOCADO, SESAME SEEDS, CHERRY TOMATO, GOATS CHEESE, BALSAMIC GLAZE, TRUFFLE OIL ON SOURDOUGH

### BREKKY SUPER FOOD SALAD • \$16.5

ROASTED ASPARAGUS & PUMPKIN, AVOCADO, MIXED SALAD, QUINOA, CRISPY BACON, GOATS CHEESE & POACHED EGG

ADD : HALLOUMI \$3



@CADENCECAFE

## BREAKFAST

AVAILABLE UNTIL 11AM

### EGGS BENNY

• BACON \$16 • SALMON \$17 • TOMATO \$15

HOUSE MADE HOLLANDAISE SAUCE, POACHED EGGS WITH WILTED SPINACH ON TOAST

### BIG BREKKY • \$21.5

GRILLED CHORIZO, BACON, TOMATO, MUSHROOM, BAKED BEANS, HASH BROWN, YOUR CHOICE OF EGGS ON TOAST

### SMOKED SALMON BAGEL • \$14

SMOKED SALMON, AVOCADO, DILL, CAPERS, CREAM CHEESE & ROCKET

### RUSTIC AVOCADO & TRUFFLE BEETROOT • \$15.5

TOASTED SOURDOUGH, TRUFFLE BEETROOT, AVOCADO, GOAT CHEESE, WALNUTS, POACHED EGG, WILTED SPINACH, BALSAMIC GLAZE & MICRO HERBS

ADD: BACON \$4 | HASH BROWN \$3

### MEATY MUSHROOM • \$17.5

SAUTÉED MUSHROOMS WITH SPINACH, KALE, ASPARAGUS & CHORIZO WITH CASHEW NUT CHEESE & TOPPED WITH A FRIED EGG

ADD: SMOKED SALMON \$5 | GOATS CHEESE \$3

### STEAK & EGG • \$19.5

STEAK, HASH BROWN, SPINACH, MOZZARELLA, PESTO, POACHED EGG & BÉARNAISE

### VEGGIE MONSTER BOWL • \$21.5

ROAST VEGETABLES, ANCIENT GRAINS, LEAFY GREENS, BEETROOT PUREE, PESTO MAYO & HOUSE MADE HARVEST SESAME CRACKER

ADD: POACHED EGG \$3 | HALLOUMI \$3

### WAFFLES • \$15.5

BELGIUM WAFFLES WITH STRAWBERRY CREAM, GRANOLA, FRESH BERRIES, SHAVED ALMOND & MAPLE SYRUP

ADD: BACON \$4 • EGG \$3 • SCRAMBLED EGGS \$6 • CHORIZO \$4 • HAM \$3 • MUSHROOMS \$4 • SMOKED SALMON \$5 • CHEESE \$1 • HALLOUMI \$3 • GOATS CHEESE \$3 • HASH BROWN (2) \$3 • AVOCADO \$5

THICK CUT CHIPS SMALL \$4, LARGE \$7

SWEET POTATO CHIPS SMALL \$5, LARGE \$8

AVAILABLE AFTER 11:30AM

## SANDWICH

### PULLED PORK SANDWICH • \$14.5

BRAISED PULLED PORK SERVED WITH KALE SLAW, RELISH & SMOKED BBQ SAUCE

ADD: SWEET POTATO CHIPS \$5

### BEEF BURGER • \$16

GRAIN FED BEEF PATTY, BACON, CHEESE, BEETROOT, CARAMELISED ONION, TOMATO, LETTUCE & SMOKED BBQ SAUCE

ADD: CHIPS \$4

### CHICKEN SANDWICH • \$14

CHICKEN BREAST, BASIL PESTO, CHEESE, CARAMELISED ONION, TOMATO, LETTUCE, AVOCADO & HOUSE MADE AIOLI

ADD: SWEET POTATO CHIPS \$5

### STEAK SANDWICH • \$14

RIB FILLET, CARAMELISED ONION, GRILLED CHEESE, TOMATO, ROCKET & HOUSE MADE AIOLI

ADD: CHIPS \$4

## SALADS / BOWLS

### ASIAN PORK • \$14

SLOW COOKED PORK, ROASTED PEANUTS, CHERRY TOMATOES, CUCUMBER, ONION, AIOLI, MIXED LEAVES IN AN ASIAN DRESSING

### ROASTED PUMPKIN • \$14

ROASTED PUMPKIN & CAPSICUM, BLACK OLIVES, GOAT CHEESE, PINE NUTS, SPINACH, SEMI-DRIED TOMATOES & HOUSE DRESSING

ADD: CHICKEN \$5

### OCEANS AND GRAIN BOWL • \$21.5

SEARED YELLOWFIN TUNA OR CRISPY SKIN ATLANTIC SALMON WITH WILD RICE, EDAMAME, JAPANESE PICKLES, AVOCADO, SESAME NORI, WASABI MAYO

### CRISPY SQUID • \$15.5

FRIED CALAMARI, WASABI MAYO, PICKLED FENNEL ROCKET SALAD & LEMON

### SOFT TACOS • 2 TACOS: \$15 4 TACOS: \$25

YOUR CHOICE OF STEAK, PORK, TUNA OR VEGGIE SERVED WITH SOUR CREAM, GUACAMOLE, TOMATO SALSA & SLAW

# KIDS MENU

## BREAKFAST

AVAILABLE UNTIL 11AM

### KIDS BREKKY • \$7.5

KRANSKY SAUSAGE, BACON, HASH BROWN & YOUR CHOICE OF EGG ON TOAST

### WAFFLES • \$7.5

STRAWBERRY CREAM, BERRIES AND MAPLE SYRUP

### KIDS MILKSHAKE • \$3.5

STRAWBERRY • CHOCOLATE • VANILLA • CARAMEL

## LUNCH

AVAILABLE AFTER 11:30AM

### CALAMARI & CHIPS • \$9

DEEP FRIED CALAMARI, CHIPS & SALAD

### CHICKEN & CHIPS • \$9

TEMPURA NUGGETS, CHIPS & SALAD

(07) 5636 9295

75 NERANG-CONNECTION ROAD, NERANG

CADENCECAFE.BOOKINGS@GMAIL.COM

WWW.CADENCECAFE.COM.AU



## COLD DRINKS & JUICES

### AFTER RIDE REVIVER • \$7

FRESHLY JUICED WATERMELON, ORANGE, APPLE & ICE

### ENERGY START • \$7

FRESHLY JUICED APPLE, CELERY, PINEAPPLE & ICE

### MAKE YOUR OWN • \$7 (CHOOSE UP TO 4)

APPLE • ORANGE • PINEAPPLE • CELERY • BEETROOT  
• GINGER • CARROT • WATERMELON • SPINACH

### MANGO SMOOTHIE • \$7.9

MANGO, MANGO NECTAR, MILK, YOGHURT & HONEY

### BERRY SMOOTHIE • \$7.9

BERRIES, MILK, YOGHURT & HONEY

### BANANA SMOOTHIE • \$7.9

BANANA, MILK, YOGHURT & HONEY

### ACAI SMOOTHIE • \$9

ACAI & COCONUT WATER

### MILKSHAKE • \$5.5

STRAWBERRY • CHOCOLATE • VANILLA • CARAMEL

### THICKSHAKE • \$6.5

STRAWBERRY • CHOCOLATE • VANILLA • CARAMEL

### ICED COFFEE (ICE CREAM) • \$6.5

### ICED LATTE (ICE) • \$5.5

ADD: PROTEIN \$0.5 • L-GLUTAMINE \$0.5

## COFFEE & TEA

	SMALL	LARGE
LATTE	• \$4.30	• \$4.80
FLAT WHITE	• \$4.30	• \$4.80
CAPPUCCINO	• \$4.30	• \$4.80
MOCHA	• \$4.50	• \$5.00
HOT CHOCOLATE	• \$4.50	• \$5.00
CHAI LATTE	• \$4.30	• \$4.80
TUMERIC LATTE	• \$4.70	• \$5.50
ESPRESSO	• \$3.90	
PICCOLO	• \$3.90	
LONG BLACK	• \$3.90	
BABYCCINO	• \$1.00	

### TEA • \$3.8

ENGLISH BREAKFAST • CHINA GREEN SENCHA •  
PUNJABI CHAI • EARL GREY • PEPPERMINT

### MILKS + \$0.6

SOY • ALMOND • COCONUT • LACTOSE FREE

### SYRUPS + \$0.5

VANILLA • CARAMEL • HAZELNUT

### EXTRA SHOT + \$0.5

### CREAM + \$0.5

CADENCE  
CAFE

